

## 6.5 Prasuthi Araike (Post natal Care)

This state-specific scheme was initially introduced in the six 'C' category districts of Gulbarga, Bidar, Raichur, Koppal, Bijapur and Bagalkote for pregnant women belonging to BPL families or to SC/ST families. The scheme was later been extended to all the districts of the state. The pregnant woman receives financial assistance of Rs.1000 in the first instalment during the last trimester and Rs. 300 (rural)/Rs.400 (urban) after delivery at a public institution. The benefit is restricted to two live deliveries.

### Prasooti Araike:

This is one of the four components of Samagra Mathru Aarogya Palane (Thayi Bhagya) Scheme, out of which, the three components, Viz., Prasoothi Araike, Thaiy Bhagya and Thaiy Bhagya Plus are 100 % Government of Karnataka funded schemes. Prasoothi Araike scheme is being implemented from 2007-08 with the objective of providing cash benefits to BPL, SC and ST communities Pregnant Women, to enable them to take nutritious diet during pregnancy and post-natal period to reduce maternal and infant morbidity and mortality. This scheme is implemented in all the districts of the State, except Kolar and Dharwad. Beneficiaries of this scheme receive cash incentives of Rs.1000 in two installments, the 1st installment is provided to the Pregnant Women during her 4-6 months' pregnancy and the 2nd installment of Rs.1000 is provided immediately after delivery, if the beneficiary delivers in any Government Hospital in the State. The 2nd instalment will include the JSY cash component. From 2014-15, the cash incentives, for the Pregnant Women and Post-natal mothers has been enhanced for SC & ST beneficiaries to Rs. 2000 each.

### PRASOOTHI ARAIKE

It is 100 % Karnataka State Government sponsored scheme. It is a cash incentive to pregnant women of SC, ST and BPL categories to address their nutritional needs during pregnancy and post natal period. The main goal of this scheme is to ensure that poor pregnant women take nutritional foods to ensure their nutritional needs and also to ensure improvement of birth weights of their newborns; this will ensure both mother and infant survival and will bring down MMR and IMR of Karnataka. Prasooti Araike scheme was introduced in six "C Category Districts" of Gulbarga, Bidar, Raichur, Koppal, Bijapur and Bagalkot for the benefit of pregnant women belonging to below poverty line SC and ST families. This has now been extended to all below poverty line pregnant women of all the districts. The following cash incentives are provided under this scheme.

Sl No	Category	1 <sup>st</sup> Instalment	2 <sup>nd</sup> Instalment	Remarks
1	SC & ST	Rs. 2,000*	Rs. 300/400**	For all Pregnancies in HPDs and only 2 live births in Non-HPDs
2	BPL	Rs. 1,000*	Rs. 300/400**	

\*Paid during 2<sup>nd</sup> trimester of pregnancy.

\*\*Rs.300 for Rural Government Institutional Deliveries and Rs. 400 for Urban Government Institutional Deliveries, along with this JSY amount Rs. 700/600 is paid.